## **Starters**

<u>Soup</u> €6.50

Fresh Soda Bread & Creamy Butter

1(a)-3-8 GF, V, Veg, DF

*Bruschetta Tomato* €7.90

Baked Bread with chopped Tomatoes and a Pesto dressing.

1(a), 5 V, Veg, DF

<u>Chicken Wings</u> €9.80

Our famous tasty wings, tossed in either BBQ or Hot Sauce, accompanied with Blue Cheese

2-3 H, GF

Chili Prawn's €10.90

Prawns Pan Fried in a Nduja butter with a fresh side salad. 1(a), 2, 13 H

<u>Italian Antipasto Platter</u> (For Two) €12.80

Parma Ham, Chorizo, Italian Salami, Olives, Crostini, Selection of Cheeses, bread & Dips 1(a)-3

*Quinoa Salad* €9.90

Quinoa, chopped peppers, cherry tomato's & avocado tossed together for an enhanced flavor.

Add chicken €4.00 or Prawns €3.50 V, Veg, GF, DF

Chicken Caesar Salad €12.50

Bacon, Diced Chicken Breast, Herb Croutons, Lettuce, Parmesan Cheese, Caesar Dressing

1(a)-3

Portobello Mushroom €7.90

Slow baked portobello mushroom, with melted garlic

butter & parmesan crust

1(a), 3 Veg

PIZZA'S

Margherita €14.00

Tomato Sauce, Mozzarella

1(a)-3-6-9 Veg

Pepperoni €14.90

Tomato Sauce, Mozzarella, Pepperoni

1(a)-3-6-9 H

*Osten €16.90* 

Tomato Sauce, Mozzarella, Pepperoni, Chicken, Bacon 1(a)-3-6-9

<u>Vegetable</u> €14.00

Tomato Sauce, Mozzarella, Red Onion, Mushroom, Peppers 1(a)-3-6-9 Veg

## *Sides €*4.30

Chips, Onion Rings, Sweet Potato Fries, Mash,

Garlic Bread, Market Veg, Mixed Salad, Gravy

GF = Gluten Free V = Vegan

DF = Dairy Free Veg = Vegetarian

H = Hot / Spicy

## **Chef's Choice**

<u>80z Striploin Steak</u>

€26.50

Served with Portobello Mushrooms, Sautéed Onions, Chips & Pepper Sauce

3-14 GF (Not available on Corporate dinner package)

Cajun Chicken Burger

€16.20

Cajun chicken fillet on a toasted sesame bap with Mexican salsa, lettuce & tomato

1(a)-3-10

Chunky Brisket Beef Burger

*€16.20* 

Served on a toasted sesame bap, with tomato relish, pickled mayo, cheese & lettuce.

*1(a)-2-3-10* 

Traditional Fish & Chips

€15.90

Freshly battered cod, with Mushy Peas & Tartar Sauce

1(a)-2-3

Thai Style Stir fry

€12.50

Stir fried mixed veg in a soya sauce with rice.

Add Chicken €4.00 **or** Prawns €3.50

6-14 GF, Veg, V

<u>Beef Lasagna</u> €16.50

Try our warm comforting homemade lasagna in a rich sauce with melted cheese & oven baked garlic bread.

1(a)-3-14

Vegetarian Penne Pasta

*€14.00* 

A delicious pasta dish, with a wide variety of seasonal veg in a mild tomato sauce.

1(a)-3 Veg

<u>Arabiatta with chicken</u>

€16.90

Penne pasta with diced chicken breast in a lightly spiced tomato sauce, Nduja & Parmesan cheese.

1(a), 14 H

Red Curry

€13.50

A wide variety of mixed veg infused with our own flavored curry sauce.

Prawn €3.50

Add Chicken €4.00 **Or** 

3 H, GF, Veg

Chicken Supreme

€19.90

Pot baked chicken, roasted crushed baby potatoes, sautéed veg & gravy. GF, DF

Seabass Fillet

€21.50

Pan seared fillet, roasted crushed baby potatoes alongside a tomato & citrus salsa.

4, GF, DF (€5 supplement on Corporate dinner package)

#### Allergens

1. Gluten: (a) Wheat (b) Oats (c) Barley (d) Rye (e) Spelt, 2. Eggs, 3. Milk, 4. Fish, 5. Peanuts, 6. Soybeans, 7. Nuts: (a) Almonds (b) Pecans (c) Cashew (d) Hazelnut (e) Pistachio, 8. Celery, 9. Mustard, 10. Sesame Seeds, 11. Lupin, 12. Molluscs, 13. Crustaceans, 14. Sulphur Dioxide and Sulphites

# <u>Kids Menu</u>

## 2 courses €9.50

### Starter's

## Soup & Mash

Warm soup & mashed potato (Baby bowl)

GF, V, Veg, DF

## Healthy Snack's

Carrot & Cucumber sticks, humos with cheese portion Veg,

#### Mains

## Beef Burger

Beef burger on a toasted bun with cheese

## Chicken Pasta

Chicken pieces with pasta in rich tomato sauce

### Classic Dishes

Chicken goujon or Sausage with chips

### Dessert - €6.00

Warm Apple Pie with Custard & Ice Cream 1(a), 2,3,14

Sticky Toffee Pudding with Ice Cream 1(a)

Selection of Ice Cream, Vanilla, Chocolate & Strawberry 3

Chocolate Brownie with Chocolate Sauce & Vanilla Ice Cream 2,3,6,14

# Vegan & Vegetarian Friendly

#### Starter's

<u>Soup</u> *€6.50* 

Fresh Soda Bread & Butter 1(a)-3-8 GF, V, Veg, DF

## Quinoa Salad

€9 90

Quinoa, chopped peppers, cherry tomatoes & avocado tossed together for an enhanced flavor.

#### Portobello Mushroom

€7.90

Slow baked portobello mushroom, with breadcrumbs & melted vegan cheese.

#### Mains

Thai Style Stir fry

€12.50

Stir fried mixed veg in a soya sauce with rice.

6-14 GF, V, Veg

Vegetarian Penne Pasta

€14.00

A delicious pasta dish, with a wide variety of seasonal veg in a mild tomato sauce. 1(a)-3 Veg

### Beetroot Burger

€16.90

Beetroot burger on a glazed bun dressed with lettuce, tomato, mayo & sweet potato fries.

6

### Dessert

Please ask server for details

All the above dishes are served 100% Vegan.

GF = Gluten Free V = Vegan

DF = Dairy Free Veg = Vegetarian

H = Hot / Spicy